



Registration Form

Saturday, November 29, 2014

8:00am race day registration

9:00am race start

**Fast, flat, USATF certified course through
the streets of Westmont!**

westmontrotaryclub.org/5krun

Get moving after the Thanksgiving holiday at Westmont Rotary Ugly Sweater 5K! Our USATF Certified Course begins in downtown Westmont and winds through the quiet, residential streets...a flat, fast course! Runners and walkers of all fitness levels are welcome to participate. Come dressed for the holidays! Run with Frosty the Snowman! Awards will be given for the top three male and female finishers and runners showing the best holiday spirit!

After the race stop by the Knights of Columbus for hot chocolate, coffee, snacks, music and games.

Registration and post-race activities will be held at the Knights of Columbus located at 25 North Cass Avenue in Westmont.

Pre-registration will be accepted until November 19 online at www.westmontrotaryclub.org/5krun or by mail. All those pre-registered will receive a long sleeve shirt, goody bag and a ticket to be entered in the post-race raffle. Proceeds benefit The Westmont Rotary Club, which has donated over \$45,000 in scholarships in the past ten years to local high school seniors!

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Age on 11/30/13: _____ (please circle) Male/Female

Adult T-shirt size: S M L XL XXL(T-Shirt provided for runners signed up by November 15.)

Registration Fee: \$25 by November 15 & \$30 after November 15

Please read this form carefully and be aware that by signing this form and participating in an activity at a Westmont Park District facility and/or program, you will be waiving and releasing all claims for injuries that you or your child might sustain arising out of these programs.

RELEASE AND HOLD HARMLESS AGREEMENT: As a participant in this Westmont Rotary Club & Westmont Park District program, I recognize and acknowledge that there are certain risks of injury and I waive and relinquish all claims I or my child may have as a result of participating in this program against the Westmont Rotary Club & Westmont Park District and its officers, agents, servants and employees. I further agree to indemnify, hold harmless and defend the Westmont Rotary Club & Westmont Park District and its officers, agents, servants and employees from any and all claims sustained or caused by myself or my children arising out of, connected with, or in any way associated with the activities of this program. I give my child permission to participate in this program, and on the child's behalf as a parent and/or legal guardian I hereby waive, release and forever discharge any and all claims against the Westmont Park District or its commissioners, employees or volunteers for damages and/or injuries which may arise from my child's participation in the program.

PHOTO POLICY: Holly Days committee members may be in attendance to take pictures or video of the event. Please be aware that these are for Holly Days & Westmont Rotary Club use only, most likely in future marketing materials or for local public access TV.

EMERGENCY TREATMENT PERMISSION: I understand that a minor may not be treated, even in an emergency situation, except when, in the opinion of the attending physician, life is in the balance. Consent of a parent or legal guardian is necessary for unmarried minors (under 18) except in such cases. Written consent is required for all other treatment. Accordingly, as a parent and/or legal guardian, I do herewith authorize the treatment of the minor enrolling in this program in the event of a medical emergency.

ACKNOWLEDGEMENT: I have read and fully understand the release and hold harmless agreement and the emergency treatment permission. This release and medical authorization form is complete and signed of my own free will even though I understand it is a requirement for participation in this programs.

Signature: _____ (Parent/Guardian Signature if under 18)